

alpine breakfast buffet \$34

starters & light fare iii

YOGURT BANANA SMOOTHIES Δ

purple power | acai, blueberries, flaxseed | 9
spa | kale, pineapple, cucumber | 8
mocha | banana, dates, protein, cacao | 9
balance | ginseng, melon, chia seed, basil | 8
summer | strawberry, blossom honey, orange, aloe | 9
carrot juice slushie | 6
add spirulina or bee pollen | 2

A SELECTION OF COLD CEREALS

choice of milk, strawberries & bananas | 9

SMOKED SALMON

toasted bagel with traditional condiments | 21

HOUSE MADE FRUIT & NUT GRANOLA Δ

skim milk & seasonal berries | 12

TREE & VINE RIPENED FRUIT Δ

locally made yogurt, honey & seasonal berries | 14

ORGANIC STEEL CUT OATS

irish gold seal oats, raisins & brown sugar | 11

breakfast bakery iii

PASTRY BASKET

today's selection of breakfast bakeries with preserves & farm butter | 9

FRIED BLACKBERRY PIE

white chocolate ice cream, cinnamon sugar | 13

Δ Gluten Free

breakfast
espresso

entrees iii

SPA BREAKFAST

egg whites, spinach, roasted tomatoes, hand cured bacon & fresh mozzarella on grilled flatbread | 18

TAVERN BREAKFAST Δ

two farm fresh brown eggs any style & skillet potatoes with apple smoked bacon, house cured ham or country sausage | 17

EGGS BENEDICT

poached eggs with house cured ham or spinach & roasted tomatoes on buttermilk biscuit with hollandaise & skillet potatoes | 19

RANCHERO

fried eggs, corn tortillas, ancho chile sauce & refried black beans | 16

SHORTRIBS

braised beef rib, pearl onions, poached eggs, skillet potatoes, béarnaise | 21

BISCUITS & GRAVY

organic brown eggs, sausage gravy & cheddar biscuits | 17

OMELET BY DESIGN Δ

choice of cheese, peppers, mushrooms, onions, tomato, ham, spinach, bacon or sausage with skillet potatoes & grilled tomato | 17

CHOCOLATE WAFFLES

cocoa waffles with candied walnuts, black strap molasses, marshmallows, nutella & vermont maple syrup | 16

LEMON SOUFFLÉ PANCAKES

seasonal berries & raspberry puree | 16

ALMOND & ORANGE BRIOCHE FRENCH TOAST

spiced apricots, marcona almonds, vermont maple syrup | 16

sides iii

toast | white, wheat, oatnut, biscuit or english muffin 3

toasted bagel with cream cheese 5

country pork sausage 5

applewood smoked bacon 5

grilled tomato 3

skillet potatoes 4

chicken sausage 5

sautéed spinach & asparagus 7

seasonal berries 5

2 organic eggs 6